

**CAPITOL HILL MIDDLE SCHOOL
ATHLETIC PROGRAM PERMISSION SLIP**

This form should be turned in to the Coach/Athletic Director within two weeks of the Sport season Beginning. St. Paul Public School (SPPS) regulations provide that any student who intends to participate in Interscholastic Athletics **MUST have a Sports Physical Examination**, signed by a physician, within the last 3 years on file with Capitol Hill Nurse's Office BEFORE the season starts. You may turn in the sports physical with immunizations directly to the Athletic Director, Nadine Bergstrom.

THE UNDERSIGNED:

- A. Grants the below named student permission to participate in the interscholastic athletic programs and grants permission to transport the athlete on supervised trips connected with the athletic program.
- B. Understands that the student must refrain from practice or play during medical treatment until he/she is cleared from treatment, or given a written permit by the attending physician to resume participation.
- C. *Understands that the **Athletic Participation/Equipment Fee is \$15.00 for students receiving free or reduced lunch. The Athletic Participation/Equipment Fee is \$30.00 for Non-Free Lunch. Please make check payable to: Capitol Hill.***
- D. Understands that all uniforms and equipment issued is the property of Capitol Hill and the athlete is responsibility to return items promptly at the end of the season or the athlete will be expected to pay for it. (All Jerseys are \$30.00, Baseball/Softball pants are \$20.00, and Cheerleading uniforms are \$40.00, if not returned)
- E. Has read and initialed the following Capitol Hill's **Academic Eligibility Standards**: Must have a C- or Better in all Core Classes and a D- or Better in all Elective Classes. **Student's Initials** _____ **Parent's** _____
- F. **Attendance** for athletes is tremendously important. Following District Policy a student MUST be in school by 10 a.m. the day of an event to participate in a sports competition. "Skipping, ditching or suspension" will NOT be tolerated.

G. "Capitol Hill Magnet's **Code of Conduct**."

The Administration, Coaches, Athletic Director and student athletes welcome you to our home sporting events. In the Spirit of Sportsmanship, we encourage you to cheer and support the student athletes for their hard work and efforts. In this spirit, **the following are unacceptable behaviors and will NOT be tolerated: Booing, Throwing objects of any kind, Fowl or Profane language, Verbal or Physical abuse toward players, coaches, other spectators or Referees.** Anyone displaying any of the above behaviors will be asked to leave and could be barred from attending future Capitol Hill sporting events. Revised as of 6-2-2014.

Parent's Signature _____ **Athlete's Signature** _____

*****THIS PERMISSION SLIP WITH ATHLETIC FEE MUST BE TURNED IN BEFORE A SPORTS UNIFORM/JERSEY WILL BE ISSUED TO PARTICIPATE. See other side.***